



LPS News

20th February, 2018



Nerrena Road Leongatha 3953 Phone 56674600 email leongatha.ps@edumail.vic.gov.au Website www.leongathaps.vic.edu.au

FROM THE PRINCIPAL



Communication

Strong communication is important to the success of our students. This includes the school's communication with parents and the parent's communication with the school.

The beginning of our communication processes in 2019 are Grade Level Information Evenings and the Parent Teacher Interviews. These sessions provide an opportunity for parents to meet their child's new teacher and to provide information that they think the teacher would find useful in supporting their child. Teachers will not be providing student achievement information at these interviews, as it is too early in the year.

Please see your child's classroom teacher if you have any questions or are unable to attend the interviews and need to schedule another time. Parents are encouraged to contact their child's teacher at any time during the year if they have any questions or concerns.

COMPASS

COMPASS is the main form of communication for the school. Newsletters will be released on COMPASS each fortnight, notifications are provided to remind parents of events and dates, excursion permission is provided through COMPASS and fees (including Excursions/Incursions/Camps) are paid via COMPASS. If parents are experiencing trouble accessing COMPASS, please contact the office.

China visit for 2019

Our grade 6 school visit to China is fast approaching. We are excited to be visiting our Sister School in Changshu and our students have been in regular contact with their buddies. This year we are taking the largest ever group to China with 52 students, parents and teachers. We are also really looking forward to seeing the amazing sites of China such as the Terracotta Warriors, Great Wall of China, Disney World, Forbidden City, Tiananmen Square just to name a few.

We look forward to representing our school overseas and continuing our strong connection with our Sister School. Staff travelling to China are Jenni Turner, Shanna Rintoule, Emily Duncan, Amy Monk and myself.



Dot Coghlan
Principal

BE A LEARNER
BE RESPECTFUL
BE RESILIENT

SCHOOL COUNCIL ELECTION 2019

An election is to be conducted for members of the school council. This year Leongatha Primary School Council has vacancies for three (3) Parent Members and three (3) DET Employees as listed below:-

(2) Parent Members – The term of Office is March 2019 to March 2021.

(1) Parent Member – The term of Office is March 2019 to March 2020.

(2) DET Members - The term of Office is March 2019 to March 2021.

(1) DET Member - The term of Office is March 2019 to March 2020.

School Council meetings are held on the fourth Monday of the month beginning at 5.30pm.

If you need any further information, please talk to Andrea Clifford 0487 238 907, our current School Council President or Dot Coghlan, our Principal.

Call for nominations

Nominations for School Council will be open from Friday, 15th February, 2019 and forms may be obtained from the school office and must be lodged at the school office **by 4:00pm on Friday, 1st March, 2019**

Following the closing of nominations a list of the nominations received will be posted at the school. If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Dot Coghlan – Principal

WE LOVE MATHS AT LPS!

In Maths this year at LPS, we have started to use Number Talks in our classrooms.

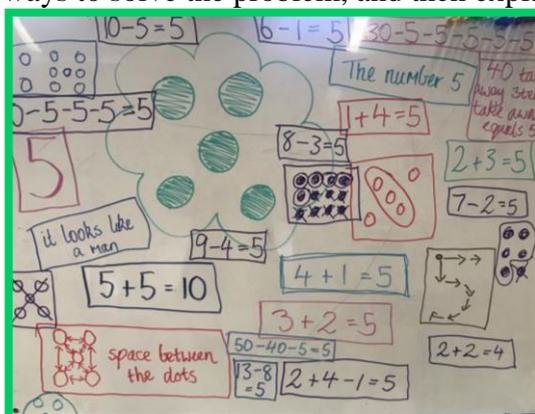
In a Number Talk, the teacher presents a maths problem to the class, such as $15+8=$. Children then have to think of as many different strategies/ways to solve the problem, and then explain it to their peers.

For example

$$15 + 5 + 3 = 23$$

$$15 + 10 - 2 = 23$$

$$5 + 8 = 13$$
$$13 + 10 = 23$$



The benefit is that children are not just looking for the answer to the problem, but are trying to find as many different ways to solve the problem as they can. This promotes mathematical thinking rather than fact recall. The key elements of number talks are a de-emphasis on speed and correct answers and an added emphasis on the process and communication of thinking.

For more information on number talks, including some that you could try at home

<https://mathforlove.com/lesson/number-talks/>

See how many ways your family can solve a maths problem!

WELL DONE AWARDS



Arky Cameron 1S

For being an amazing class member who is always respectful and hard working.
Well done Arky on a wonderful start to Grade One.



Brock Alomes 5S

For showing wonderful persistence and resilience at the Swimming Sports! Well done Brock.

Liam Meyer PH, Archie Beavis PH, Lachlan Carew PJ, Olivia Evans PR, Billy Webster PR, Indie Hulls PD, Lexi Price PE, Kevin McRae PE
Makayla Palles 1M Alex Langley-Jones 1M, Tyler Donchi 1P, Samara Parke 1S, Phoenix Cashmore 1BH, Milla McCarthy 1A, Ben Russell 1A
Anika Edwards 2S, Brahm Nelson 2G, Amy Stevic 2G, Jemma Rump 2PG, Chelsea Lester 2PG
Joseph Andersen 3H, Ella Sellings 3H, Rahni Horell 3LH, Beau Elkin 3LH, Charlotte Lawler 3T, Stephen Spencer 3T, Holly McRae 3B, Chelsea Bennett-Perason 3B
Bede Challis 4M, Freya Arnason 4M, Daniel Clissold 4R, Annabelle Miller-Bunker 4R, Jack Cashin 4L, Alana Donchi 4L, Katrina Kilb 4D, Steve Duvoisin 4D
Max Minchella 6A, Zekhai Giles 6A, Jessica Matthews 6S, Caleb Mee 6S, Rhianna Grey 6R, Travis Loughridge 6H, Bella Pearson 6H

LPS VALUES

In order to obtain predictability and consistency across the school for our students, staff and parents, LPS has re-defined and developed, with consultation from all stakeholders, a set of Values and Expectations (see below) that will be the mantra for the way we operate at LPS.

In order for us to increase predictability, we needed to increase the structures which we already had in place and create consistency across the school, hence the new signage. Most students who experience troubles in the classroom are visual or kinaesthetic learners so increasing these types of structures will assist our school and our classroom expectations to becoming more predictable. Each class will spend time to ensure that students and staff have a common understanding of what each statement means so that our LPS Values and Expectations are consistent with all students.

Leongatha Primary School <i>Learning for Life</i>	
BE A LEARNER	
BE RESPECTFUL	
BE RESILIENT	

LPS PLAYGROUND EXPECTATIONS <i>Learning for Life</i>	
BE A LEARNER	<p><i>My play time is for fun, friends and fresh air.</i></p> <p><i>I am organised – in the right area, with everything I need.</i></p> <p><i>I listen, think, question and communicate.</i></p>
BE RESPECTFUL	<p><i>I follow <u>all</u> staff instructions.</i></p> <p><i>I care for myself and <u>all</u> others.</i></p> <p><i>I look after school property and our physical environment.</i></p>
BE RESILIENT	<p><i>I work through problems when things get hard.</i></p> <p><i>I seek help from a yard duty teacher when things are out of my control.</i></p> <p><i>I stop and think about my options.</i></p>

LPS EXPECTATIONS <i>Learning for Life</i>	
	<p><i>My class time is for class work.</i></p> <p><i>I am organised – mind, body, tools.</i></p> <p><i>I listen, think, question and communicate.</i></p>
	<p><i>I follow <u>all</u> staff instructions.</i></p> <p><i>I care for myself, others and the environment.</i></p>
	<p><i>I don't give up when things get hard.</i></p> <p><i>I ask for and accept help.</i></p> <p><i>I stop and think about my options.</i></p>

RESPECTFUL RELATIONSHIPS

Last week our Rights Resilience & Respectful Relationships (RRRRs) program began. Students and teachers will now participate in sessions at 10am every Friday after assembly. This program aligns with our school values of 'Being a Learner, Being Respectful and Being Resilient' and is designed to promote and model respect, positive attitudes and behaviours through the teaching of 8 different topics. It teaches our children how to build healthy relationships, resilience and confidence.

The first 3 weeks of the program covers Emotional Literacy. At a junior level, students are learning to identify different emotions, both positive and negative, and what these might look, sound and feel like. While in the more senior levels, students are discussing emotional triggers, extremes of emotions and how emotions change across the day. Understanding emotions, being able to read other people's emotions and respond appropriately to them, forms a key part of our daily lives. Therefore we encourage parents to discuss what students are learning with regards to our RRRRs program each week so that these skills can be reinforced at home and perhaps used in the home as well as at school, to further build respect, resilience and positive coping strategies.

Wheel of Emotion – With Cartoon Expressions!



PROTECT



CHILD SAFE STANDARD

As stated in an earlier newsletter Leongatha Primary is committed to child safety. As a community we want children to be safe, happy and empowered. We support and respect all children, as well as our staff and volunteers. We are committed to the safety, participation and empowerment of all children. There is zero tolerance of child abuse, and all allegations and safety concerns will be treated very seriously and consistently with our robust policies and procedures. We meet our legal and moral obligations to contact authorities when we are worried about a child's safety, which we follow rigorously.

Leongatha Primary is committed to preventing child abuse and identifying risks early, and removing and reducing these risks. We have robust human resources and recruitment practices for all staff and volunteers. Our school is committed to regularly training and educating our staff and volunteers on child abuse risks. As a community we support and respect all children, as well as our staff and volunteers. We are committed to the cultural safety of Aboriginal children, the cultural safety of children from a culturally and/or linguistically diverse backgrounds, and to providing a safe environment for children with a disability. Leongatha Primary has specific policies, procedures and training in places that support our leadership team, staff and volunteers to achieve these commitments.

At Leongatha Primary:

- Everyone connected to our school can help children be safe.
- We have zero tolerance for any abuse of children.
- We already have policies and processes in place to protect the care, safety and welfare of children. These are being strengthened to ensure a zero tolerance approach to child abuse. As policies are ratified at school council, they will be made available to your through the newsletter and on our web page.
- There will be clear boundaries about how adults in our school community may interact with the children here set out in our school's Child Safe Code of Conduct. This will be made available when school council ratifies it at school council
- The child safe standards apply to school staff (including volunteers and contractors), visitors and students' family members.
- Keeping children safe is everyone's responsibility. Different people at our school have different roles and responsibilities for ensuring children's safety

- Things you need to know about: what 'zero tolerance' means to us, what roles and responsibilities adults have for child safety, our new procedures to respond to and report complaints of any form of child abuse.
- We want to ensure you know how we are keeping your children safe at school, and how we'd like you to support us (for families).
- Staff members (including volunteers) will receive training and support to understand and carry out their responsibilities under the standards.
- Unsupervised contractors will be asked about their child safety arrangements as a condition of working with us if they work with children enrolled in the school (or children can reasonably be expected to be present while they are at the school).
- Other people using our school facilities will be asked about their child safety arrangements as a condition of using our facilities if they involve children enrolled at the school (or children can reasonably be expected to be present while their staff or other adults are at the school).

Following on from this page is our Code of Conduct for staff and volunteers around Child Safety Standards.



**BE A LEARNER
BE RESPECTFUL
BE RESILIENT**

CHILD SAFE CODE OF CONDUCT

(Child Safe Standard 3)

Leongatha Primary School is committed to the safety and wellbeing of children and young people. Our school community recognises the importance of, and a responsibility for, ensuring our school is a safe, supportive and enriching environment which respects and fosters the dignity and self-esteem of children and young people, and enables them to thrive in their learning and development.

This Code of Conduct aims to protect children and reduce any opportunities for child abuse or harm to occur. It also assists in understanding how to avoid or better manage risky behaviours and situations. It is intended to complement child protection legislation, Department policy, school policies and procedures and professional standards, codes or ethics as these apply to staff and other personnel.

The Principal and school leaders of Leongatha Primary School will support implementation and monitoring of the Code of Conduct, and will plan, implement and monitor arrangements to provide inclusive, safe and orderly schools and other learning environments. The Principal and school leaders of Leongatha Primary School will also provide information and support to enable the Code of Conduct to operate effectively.

All staff, contractors, volunteers and any other member of the school community involved in child-related work are required to comply with the Code of Conduct by observing expectations for appropriate behaviour below. The Code of Conduct applies in all school situations, including school camps and in the use of digital technology and social media.

Acceptable behaviours

As staff, volunteers, contractors, and any other member of the school community involved in child-related work individually, we are responsible for supporting and promoting the safety of children by:

- upholding the school's statement of commitment to child safety at all times and adhering to the school's child safe policy and other policies
- taking all reasonable steps to protect children from abuse
- treating students and families in the school community with respect both within the school environment and outside the school environment as part of normal social and community activities; including listening to and valuing their ideas and opinions
- listening and responding to the views and concerns of students, particularly if they are telling you that they or another child has been abused or that they are worried about their safety/the safety of another child
- welcoming all children and their families and carers and being inclusive
- promoting the cultural safety, participation and empowerment of Aboriginal and Torres Strait Islander students
- promoting the cultural safety, participation and empowerment of students with culturally and/or linguistically diverse backgrounds

- promoting the safety, participation and empowerment of students with a disability
- modelling appropriate adult behaviour
- reporting any allegations of child abuse or other child safety concerns to the school's Principal, or Assistant Principal
- following the steps in Flowchart: CHILD SAFETY REPORTING PROCESS when one wants to raise a concern about breaches of the code and to how to make a complaint
- listening to children and responding to them appropriately
- reporting and acting on any breaches of the Code of Conduct, complaints and concerns
- complying with our guidelines on physical contact with children (see unacceptable behaviours)
- understanding and complying with all reporting or disclosure obligations (including mandatory reporting) as they relate to protecting children from harm or abuse
- if child abuse is suspected, ensuring as quickly as possible that the student(s) are safe and protected from harm
- respecting the privacy of children and their families and only disclosing information to people who need to know

Unacceptable behaviours

Staff, volunteers, contractors, and any other member of the school community involved in child-related work must not:

- seek to use children in any way to meet the needs of adults
- ignore or disregard any concerns, suspicions or disclosures of child abuse
- develop 'special' relationships with specific children or show inappropriate attention that could be seen as favouritism or amount to 'grooming' behaviour (for example, offering gifts)
- engage in rough physical games
- initiate unnecessary physical contact with children or do things of a personal nature that children can do for themselves, such as toileting or changing clothes
- treat a child unfavourably or discriminate on the basis of age, gender, race, culture, vulnerability or sexuality
- exhibit behaviours or engage in activities with students which may be interpreted as abusive and not justified by the educational, therapeutic, or service delivery context
- ignore behaviours by other adults towards students when they appear to be overly familiar or inappropriate
- discuss content of an intimate nature or use sexual innuendo with students, except where it occurs relevantly in the context of parental guidance, delivering the education curriculum or a therapeutic setting
- communicate directly with a student through personal or private contact channels (including by social media, email, instant messaging, texting etc.) except where that communication is reasonable in all the circumstances, related to school work or extra-curricular activities or where there is a safety concern or other urgent matter
- photograph or video a child in a school environment except in accordance with school policy or where required for duty of care purposes
- in the school environment or at other school events where students are present, consume alcohol contrary to school policy or take illicit drugs under any circumstances

SENIOR HOUSE SWIMMING SPORTS

On Wednesday the 13th the grades 3-6 students ventured to the Mirboo North Pool for the Leongatha Primary School Swimming Carnival. With constant rain prior to 9am, Mr Fitz made the brave, but well informed call for the day to go ahead. Students stepped off the buses into a heavy downpour which lasted no more than 10 minutes before the skies cleared and left us with a beautiful day ahead. All students competed in freestyle and backstroke, and many more nominated to have a go at breaststroke and butterfly. It was amazing to see such resilience and an eagerness in everyone to help their house teams gain points. With only three points separating first and second place, Wightman came home the victors of the day. A massive congratulations to the age champions: Tom McKenzie, Hugh Munro, Eleanor Pedlow, Judd Holt, Neka McKenzie, Jacob Bolge, Rahni Matheson & Sienna Hunt. The day could not have run so smoothly if we didn't have such great help from all the teachers and parents on the day, THANK YOU! We have 31 students who have qualified to compete at the Woorayl District Carnival on Friday at Korumburra. Good luck to all involved.



VISUAL ARTS

Grade 2 students exploring X-ray Art of Arnhem Land and the making of ochre paints



Grade 3 students creating a collage and starting with natural materials.



WASTE FREE WEDNESDAYS



COMING SOON: WASTE FREE WEDNESDAYS!

Nude food lunchboxes don't need to be boring. Throw in some fruit that comes in its own ready made biodegradable wrapper such as a banana or peach! Throw some cherry tomatoes, baby cucumbers or carrot sticks in a container. Wrap the sandwich in something reusable like a beeswax wrap or Tupperware sandwich keeper (hit up the opshop!). Buy a big bag of bikkies, pretzels or popcorn and make up your own portions. You'll find this is cheaper than buying pre-wrapped portions with the added benefit of helping to keep our kids school clean and protect our planet!

For more information see the attached flyers or pick one up at the front office, or PAC foyer today.
With thanks from the Sustainable Schools Committee



Information for PARENTS



Keep Australia Beautiful

WHAT IS NUDE FOOD?

NUDE FOOD is simply food that is not wrapped in foil, plastic or commercial packaging.

The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...



✓ TO PACK A NUDE FOOD LUNCH OR SNACK, YOU WILL NEED:

- Cutlery from home is better than throwaway plastic ones
- Plastic or metal drink bottles are recommended for refilling with water
- Reusable containers for putting all of your food, snacks and drinks into
- Lunch boxes that have lots of separate sections can be useful to avoid lost lids or containers

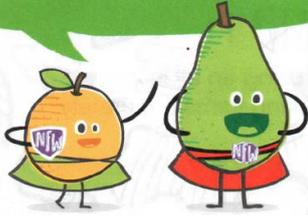
✗ TRY TO AVOID:

- Zip lock or plastic bags, plastic wrap or aluminium foil
- Tetra packed drinks, single serve yoghurts and cheese
- Single use plastic forks and spoons
- Prepackaged food, i.e. biscuits, snack bars and chips

TIPS FOR PACKING NUDE FOOD LUNCHES:

- Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
- Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
- If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchbox.
- If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
- Go to www.nudefoodday.com.au/resources for Nude Food recipe ideas.

HOW TO PACK A NUDE FOOD LUNCH



The Nude Food Warriors have created a step-by-step guide to make packing a Nude Food Lunch easy as 1, 2, 3!

STEP 1

Choose the main lunch item, it may be something from the list below or a Nude Food creation of your own

- Sandwich/ Roll
- Wrap/Pita
- Frittata/Quiche
- Pasta/Pasta Salad
- Salad
- Sushi/Rice Paper Rolls
- Noodles
- Stir Fry
- Egg Muffins

STEP 2

Select your fruit

- | | |
|------------|-------------|
| Apple | Berries |
| Orange | Fruit Salad |
| Banana | Pear |
| Grapes | Mandarin |
| Watermelon | Kiwi Fruit |



STEP 4

Dont Forget Hydration!

Fill your favourite reusable drink bottle with filtered of tap water! Remember to refill throughout the day to make sure you stay hydrated!

STEP 3

Pick a nutritious Nude Food snack

- Yoghurt
- Vegetable Sticks and dip
- Cheese and crackers
- Popcorn (natural)
- Rice Crackers
- Vege chips (homemade)
- Pretzels

Stuck on what to pack your Nude Food Lunch in? Turn over for some great storage ideas!



Join the Nude Food MOVEMENT



Keep Australia Beautiful

WHAT TO PACK MY NUDE FOOD LUNCH IN



Now you have your Nude Food Lunch planned you need to find something to pack it in.

STEP 1

Will you be using an all in one lunchbox, or packing items separately?

Please see all in one lunchbox options below or if you're packing items separately skip to Step 2



Check out our Coolskins/Light Lunch Bags to effortlessly insulate your lunch!*



Don't have a Rubbish Free Lunchbox? Don't despair! You can use smaller products in steps 2-4 to pack your lunch.

*An insulated lunch box or bag is a great way to keep all your lunch items together

STEP 2

Products to store your lunch!



STEP 3

Products to keep your fruit in shape and fresh



STEP 4

Buy your favorite Nude Food Snacks in bulk and send them to school using these handy containers



SUCCESS! You have packed a healthy, rubbish free lunch that will not only save you money but help save the planet!

* You can find Nude Food Movers products at major supermarkets and retailers all around the world! Go to www.nudefoodmovers.com.au



STAFF CAR PARK AT SCHOOL DROP OFF AND PICK UP TIMES



Please be aware that the staff car park, as signed should **NOT** be used for regular morning and afternoon pick up and drop off. We understand this can be inconvenient and the parking situation is not ideal, however we must keep the safety of our children as our first priority.

You may park in Horn Street, at the front of the school, Nerrena Road or next to the Secondary School Gym or the gravel carpark at the front of the bus loop.

It is our first priority at our school that children are safe therefore we ask you NOT to enter the staff carpark at the front of the office or at the side of Mesley Hall. We would hate for one of our children to be hit by a car and this has nearly happened already on a number of occasions. We are witnessing many students being dropped in the carpark along with many parents driving through the carpark way too fast. This is a real safety concern and WE MUST KEEP THE SAFETY OF OUR CHILDREN AS OUR FIRST PRIORITY! Thank you for supporting the safety of our children.



COMING EVENTS – 2019

FEBRUARY

Wednesday 20 th	Parent Teacher Interviews 3-6pm
Wednesday 20 th	No School for Preps
Friday 22 nd	District Swimming
Wednesday 27 th	No school for preps

MARCH

Friday 1 st	Clean Up Australia – Schools Day
Friday 1 st	Division Swimming
Tuesday 5 th - 8 th	Grade 6 Wilson's Prom Camp
Wednesday 6 th	No school for Preps
Thursday 7 th	Grade 4 Moonlit Sanctuary excursion – Mornington Peninsula
Monday 11 th	Labour Day Public Holiday – School closed
Wednesday 13 th	No school for Preps
Thursday 14 th	Region Swimming
Monday 18 th	Preps start full week of school
Wednesday 20-22 nd	Grade 3 Cowes Camp
Thursday 28 th	Senior School Athletics
Friday 29 th	Chinese New Year Celebrations

APRIL

Friday 5 th	End of Term 1
Tuesday 23 rd	Term 2 Begins

CANTEEN DUTY – FRIDAY

February

22nd Joel Langstaff – Helen Dowel

March

1st Phil Munro – Gaynor Greenaway

8th Prue Holt – Mel Cameron

15th Danielle Elkin – Rebecca Cooke

22nd Sarah Norman – Janine Lowe

29th Ron Hanily – Kirsty Bolge

More helpers required if you can spare 3 hours on a Friday once a term. Team up with a friend. Please contact Kerrie in the Canteen.

The uniform is available to purchase online from Buxwear Here is the link to their website

<http://shop.buxwear.com.au>

PIANO LESSONS – LPS

Weekly Lessons

All Ages

\$18 per half hour

Contact Sarah for more information

0499 802 340



Mt Eccles Netball Club

2019 NETBALL REGISTRATION NIGHT

Thursday 7th March between 4:00pm to 6:00pm

at LDNA Courts, Leongatha

We welcome players from all over South Gippsland

Age groups: U11 (boys & girls), U13 (boys & girls), U15 (boys and girls), U17/C (boys Under 17 welcome), Open Grade

Junior Training on Thursday Nights.

Our first training session is on Registration Night, Thursday 7th March.

Season: April to Sept with all games played at same times on Saturdays at the 1 central location

All registrations must be submitted by 28th March, for queries contact the Club on mounteccles@gmail.com or call Chloe Cope on 0459 999 622.

At LPS we are aiming to achieve several recycling targets by the beginning of 2019, including auditing our waste, paper recycling, composting and soft plastics recycling.

We have introduced a mobile phone recycling box. This box is located in the LPS Office.

The program (mobilemuster.com.au) accepts the following items for recycling: all brands of mobile phones and their batteries, chargers, accessories and mobile wireless broadband devices.

We encourage staff, students and parents to make full use of this facility!



Singing and Guitar Lessons with

Britt Lewis

- NIDA graduate with Diploma in Musical Theatre

- Extensive professional performance experience in Australia and internationally

- 8 years of teaching experience in singing and drama

- Experience taking HSC masterclasses in performance skills and rehearsal practice

- Working With Children Check

For more information contact Britt:
brittinlewis@gmail.com



Aim High Netball Coaching

TERM 2 8 WEEK PROGRAM

- LEONGATHA -

Starting Wednesday 24th April 2019

Aim High Netball programs provide an introduction to the sport of netball. We aim to develop ball and movement skills through fun, well-planned sessions. Participants will be involved in a session, which outlines athletic development requirements and aids with the acquisition of basic motor skills.

\$10 per session

When: 4-5pm

Where: Leongatha Splash

Children aged 4-12 years

Girls & Boys welcome

To register visit

www.aimhighnetball.com

Each session includes:
Basic skill training
Fun games
Match play
New skill focus each week

We have merchandise available too!
Polo \$25
Singlet \$20
Drink bottle \$8



Don't miss out, like us on Facebook & Instagram for photos and upcoming events.



GIRL GUIDES
AUSTRALIA
VICTORIA

Parents, do you want your daughter to fulfil her potential,
become resilient and self-reliant?

Why not try Girl Guides?

At Guides your daughter can make friends, have fun and develop in a safe
and caring environment.

You can come and try Girl Guides at Leongatha for **two free weeks** to see if it is for
you.

Lyrebirds - meet Wednesday 4.45 pm to 6.30pm for girls in grades 1 to 4

Lizards - meet Wednesday 6.30pm to 8pm for girls in grades 5 and above

If you are interested in giving Guides a go please contact Chris Oliver on 0428644397
or coliver@guidesvic.org.au



St Laurence Netball Club



ST LAURENCE NETBALL CLUB invites you to our
NETBALL REGISTRATION and **UNIFORM FITTING**
afternoon for LDNA 2019 Season on **SATURDAY**
23rd February from **11am-1pm**, at **Leongatha**
Netball Club Rooms. All welcome, juniors from
age 8 & above (under 11 age section) to age 17 &
under, and senior sections A, B & C. Boys are
welcomed up to the age of 17.

New players welcomed.

For enquiries and further information please
contact: Angelique Dunlevie 0438 166 124

E: stlaurencenc@gmail.com



Learner Program 2019

**Commencing late February
Tuesday afternoons**

\$30 per term includes weekly lesson,
use of an instrument, music,
music stand, band t-shirt

Places are limited Grade 3 and above

Want to learn the drums?

We are taking expressions of interest
from children who may wish to
learn drums with the aim of
forming a Drum Corps

Contact the band to secure your place
sgsbb@outlook.com
or find us on Facebook

CC2017

LEONGATHA TOWN NETBALL CLUB



Invites players to our 2019 season.

Come join our netball family, we love to welcome new and past
players.

Competition starts on Saturday 27th April at the Leongatha Netball
Courts.

REGISTRATION DAY is Wednesday, 20th February

4:00pm to 5:30pm at the LDNA Netball Courts.

For all enquiries please phone

President: - Andrea Pearce - 0427 953 448

Vice President: - Carla Bruce - 0411 249 828

Treasurer: - Helen Drury - 0428 624 494

Secretary: - Jemma Cornell - 0497 529 153

Registration Forms can be emailed to you, downloaded from here, or picked up from Helen at the Primary School
office.

If you would like one emailed to you - send an email to townnetballclub@gmail.com

If you can't make Registration Day forms can be emailed or handed to Helen at the Primary School Office.



discover mini-volleyball
BY THE SOUTH GIPPSLAND VOLLEYBALL

Spikezone Volleyball is a fun and energetic way for children to increase their coordination, socialisation skills and develop good sportsmanship. Spikezone Volleyball is a non-contact sport with all equipment provided.

\$66.50* PER SEASON + FREE GOODIE BAG WITH REGISTRATION

Starts: Thursday 14th February from 6pm - 7pm
*Includes Yearly Volleyball Victoria Insurance, 15 week season and door entry



SPLASH
Roughead Street
Leongatha

Tom: (BH) 5658 1043
Jess: 0447 262 522
southgippslandvolleyball@outlook.com



**South Gippsland
Volleyball Club Inc.**

"1-2-3 Magic & Emotion Coaching"

A fantastic **FREE** Parenting Program for parents of children aged **3 - 12 years, over 6 x THURSDAYS** *(Bookings essential!)*

Would you like to learn how to:

- ✓ be better at talking with your child?
- ✓ be better at understanding your child?
- ✓ help your child learn to manage their emotions?
- ✓ help to prevent behaviour problems in your child?
- ✓ teach your child to deal with conflict?



1-2-3 Magic/Emotion Coaching will teach you strategies to:

- Help your child self-motivate (e.g. getting dressed, start doing homework, doing chores)
- Stop problem behaviours (e.g. stop tantrums, stop whining, stop hitting)
- Use less talk and less emotion (stop yelling and nagging!)
Encourage your child to self-regulate and manage their own emotional reactions.
- Encourage your child's growing independence, and strengthen your relationship with your child
- Decide what action to take in difficult-to-manage parenting situations, including discipline
- Know how to encourage and re-enforce desirable behaviours
- Improve your child's emotional intelligence and resilience

Where: Uniting Gippsland Office (3 Church St. Leongatha)
When: Thursday 28/02, 07/03, 14/03, 21/03, 28/03, 04/04 (11:00am - 1:30pm)
Cost: FREE to all parents of children 3 - 12 years of age
- All registered attendees will receive a free workbook worth \$12 -

**Note: This program is for adults only, so please make sure you are able to organise child care*

All enquiries & applications please contact:
Mark Brookes (Uniting Gippsland)
(Email) mark.brookes@vuniting.org
(Ph.) 5662 5150 (Mob.) 0438 204 437

Uniting **Parentshop**
being parenting better



headspace Wonthaggi is open!





Contact us

Our centre is located at 5b Murray Street, Wonthaggi.

Call
0418 213 990

Email
info@headspacewonthaggi.org.au

Visit
headspace.org.au/Wonthaggi

Follow us on social media

 [headspace Wonthaggi](https://www.facebook.com/headspace.Wonthaggi)

 [headspace_Wonthaggi](https://www.instagram.com/headspace_Wonthaggi)

We also provide services from four outposts at Youth Access Clinics in Foster, Leongatha, Korumburra and Wonthaggi.

headspace Wonthaggi is operated by Relationships Australia Victoria. All headspace services are funded by the Australian Government Department of Health. Administration of funding is carried out by the headspace centre's local Primary Health Network (PHN), in this case, Gippsland PHN.