



LPS NEWS

28th April, 2016

LPS – Nerrena Rd Leongatha 3953 Phone 5667 4600 Fax 5667 4699 email leongatha.ps@edumail.vic.gov.au Website www.leongathaps.vic.edu.au

WELL DONE AWARDS

Frazer Livingstone	PE
Tayah Matheson	PEB
Wyatt Bolitho	PM
Sienna Hunt	PA
Thomas Landry	PH
Jud Goldsmith	2J
Kaydee Jones	2X
Archer Curtis	2X
Jai Brocklebank	2M
Aluah Harry	3T
Daisy Lawson-Hendry	3T
Remy Jans	3L
Jhett Brown	3L
Maddie Dunstan	3M
Hannah Hogarth	3M
Ebony Brown	3T
Maddi McAliece	3T
Lucy Patterson	4E
Bailey Close	4E
River Thomas	4LH
Ria Routley	4LH
Ayla Lafferty	4H
Makayla Krause	4H
Leah Boyle	4A
Sky Munro	4A

CURRICULUM DAYS 2016
Friday 17th June
Monday 31st October

UNIFORM

The uniform is now available to purchase online from Buxwear
Here is the link to their website
<http://shop.buxwear.com.au>

AUSSIES OF THE MONTH



Congratulations to our Aussies of the Month, photo taken with 2016 Olympic team member, Eleanor Patterson (high jump) -

Ruby Whelan – 6R

Ruby is a very worthy recipient of our March Aussie of the Month award. She is a student who loves to learn and because of this, she consistently achieves outstanding academic results. Ruby shows great initiative in taking responsibility for her learning and is not afraid to make mistakes. With her inquiring mind, she continually strives to improve herself at every opportunity. Ruby is an outstanding role model for all students at LPS. She shows the utmost respect for her teachers and peers and has the ability to get along with everyone. She is thoughtful, patient, fair and kind and these lovely attributes make her a wonderful classmate and a very treasured friend. We are all very proud of you, Ruby. Congratulations.

Finn Bennett – 6M

Finn is an outstanding role model within our grade. He is an active participant within discussions and can always be relied upon to take on extra responsibilities. Finn is a likeable character and will lift the mood in any circumstance. An extremely deserving recipient of the Aussie of the Month for March 2016.

A MESSAGE FROM OUR CHAPLAIN

Overcoming test stress

For many young people the idea of having to sit a test causes some level of anxiety. This is quite a natural reaction but if in excess it can cause real concern to them. Eventually they may develop a behaviour which encourages them to avoid tests and certainly reduces the motivation needed to prepare well.

If we can assist them to reverse their thinking and motivate them to do well they will enjoy the benefits.

There are some practical steps to help make tests less stressful:

- Preparation, preparation, preparation. This can't be emphasised enough. Human beings sometimes operate an ostrich style approach to difficult situations. That is we bury our head in the sand and hope they will go away – but they don't.
- Study the material as well.
- Try and keep life normal in the lead up to the test.
- Make sure they have a good period of regular sleep and an early night on the night before the test. No point in being exhausted going into the test when that is so easily avoided.
- Practice some simple relaxation techniques and do some exercise before the test. Both of these will encourage stress reduction.
- Arrive a little early as this reduces any stress in getting there and being worried if you are going to be late. It also allows for any unexpected hold ups on route.
- Don't try and do something on an empty stomach - enjoy a good meal before you go – nothing too heavy as you don't want to be drowsy.

Help them too to remember that many people, just like them, have taken this test and passed.

LPS values Tolerance and Understanding, Respect, Responsibility, Excellence, Inclusion, Honesty, Care and Trust.

GUITAR LESSONS

Guitar lessons with Maria Tehan will commence at the school on Fridays in Term 2.
For bookings or any other information, contact Maria directly - email: mariatehan14@gmail.com or by phone: 56552886.

BREAKFAST CLUB



Our Breakfast Club Program needs help PLEASE!

Wednesdays from 8:00am till 9:00am
If you could help us out at Breakfast Club please contact :-
Paul Brailey 0412 755 627
Regular support is preferred, parents or grandparents.

CANTEEN DUTY- FRIDAY – Term 2

APRIL
29th

Tina Allen

Kate Dean

MAY
6th
13th
20th
27th

Gaynor Greenaway
Fabio Dal Pozzo
Carmen Olm
Janine Lowe

Sarah Norton
Viv Scott
Phil Munro
Gaynor Greenaway

JUNE
3rd
10th
17th
24th

Leonie Dean
Mel Heber
Fabio Dal Pozzo
Tina Allen

Tori Martin
Robyn Colwill
Tori Martin
Phil Munro

More helpers required. If you have a spare 2½ hours on a Friday please contact Kerrie in the canteen.

COMING EVENTS - 2016

APRIL

Friday 29th LPS Disco – Mesley Hall
Prep – Grade 2 4:00pm – 5:00pm
Grade 3 – Grade 6 - 5:15 – 6:00pm

MAY

Monday 2nd-6th Grade 4 Woorabinda Camp
Friday 6th Grade 6 Winter Sport - Round 1
Tuesday 10th-12 NAPLAN – Grade 3 & 5
Friday 13th Grade 6 Winter Sport – Round 2
Monday 16th-20 Grade 6 Meals on Wheels
Friday 20th Grade 6 Winter Sport – Round 3
Friday 27th Grade 6 Winter Sport – Round 4

**VACANCIES FOR UNITING CARE
AFTER SCHOOL CARE –
Held in the LPS Gym
Wednesday -2
Thursday -1
Friday – 1
Phone Uniting Care 5662 5150**