



# LPS NEWS

## 28<sup>th</sup> July, 2016

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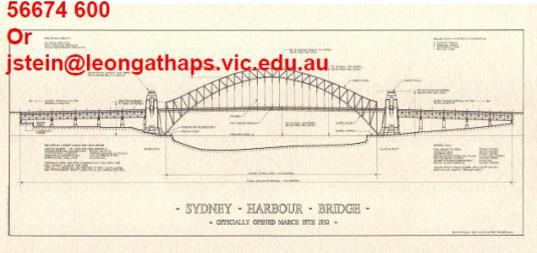
Calling all family and friends of LPS...  
If you can...

- Play a musical instrument
- Sew
- Build
- Paint
- Do Hair or Makeup

Or do anything else that might be useful to put on a school production of 600+ students, then we need you!

We need a team of helpers to make this show a success, so if you can help in any capacity, please contact Jessica Stein at school on:  
56674 600

Or  
[jstein@leongathaps.vic.edu.au](mailto:jstein@leongathaps.vic.edu.au)



## **600 Miles to Sydney - the story of Lennie Gwyther**

OCTOBER 17<sup>TH</sup>-21<sup>ST</sup>



**WE NEED  
YOU  
TO  
JOIN OUR  
CREW**

OCTOBER 17<sup>TH</sup>-21<sup>ST</sup>

LPS values Tolerance and Understanding, Respect, Responsibility, Excellence, Inclusion, Honesty, Care and Trust.

## A MESSAGE FROM OUR CHAPLAIN

### Self-Talk

One question that I ask people that come to see me is 'Which person, alive on the planet, talks to you the most?' The most popular answer is 'my mother', followed by a specific friend. Some of them guess but all of them agree when I announce that they talk to themselves way more than their friend or even their mother.

There is a distinct link between motivation and self-talk. The challenge for us is to encourage our children to develop and maintain a healthy, positive self-talk. The way we think dramatically affects the way we feel and our level of motivation is often driven by how we feel. How we feel about the task and how we feel about ourselves.

As we go about our lives we are constantly thinking about and interpreting the situations we find ourselves in. It's as though we have an internal voice inside us that determines how we perceive things. This is our self-talk created by our inner responses and our belief systems.

There are some thinking errors than can contribute to a lack of motivation. These include:

- Making unfair comparisons between certain individuals that have advantages in some areas of their life. This leads to a feeling of inadequacy.
- Focussing on the negative aspects of the situation and ignoring or dismissing the positive ones.
- Taking personal blame for anything/everything that goes wrong even when it isn't our fault.

We need to help our children change their thinking and free them up to be motivated to achieve their dreams. One way is to help them recognise that their feelings are directly linked to their self-talk. Change the self-talk and it changes the feeling.

Changing the way we think can take some time and effort. Helping your child adopt a positive self-talk will increase their motivation now and serve them well for the remainder of their life.

## WELL DONE AWARDS

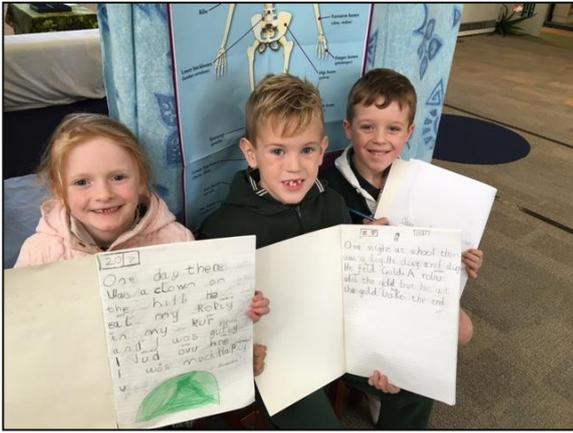
Janae Donaldson	PEB
Kaycie Olm	PA
Carter Armstrong	PM
Jordan Griffiths	PH
Beau Elkin	PE
Blake Thoonen	1H
Tayla Lester	1R
Lara White	1M
Freya Arnason	1S
Charli Diggerman	2B
Georgie Dunn	2H
Jules Bennett	2X
Taylor Hillis	2J
Lily Gowers	2M
Krystal Arnason	3M
Jeremy Ward	3M
Mackenna Anderson	3L
Jhett Brown	3L
Anika Grabham-Andrews	3T
Ayanna Cashmore	3T
Lily Dollard	3S
Hannah Richards	4LH
Mason Selder	4H
Brodie Hillis	4H
India Curtis	4A
Molly Heber	4E
Liam Haig	5M
Tyler Richards	5M
Taylan Ognenovski	5M
Brett Dollard	5G
Jesse Burns	6H
Erin O'Neill	6R

## TRIP TO JAPAN

Half way through last term, ten Grade 6 students (Ashley, Brianna, Courtney, Grace, Jacob St., Josh A., Molly-Mae, Ruby, Tahlia F. and Tom) began a project about the impact of bushfires on our community and how we can reduce the after-effects. It also includes how our bus travellers can be safe during high fire danger periods.

In the extremely early hours of Monday morning, Josh Allen, Courtney Embury, Molly-Mae Nicols and Jacob Stewart, along with Mrs McCluskey and Miss Holland, will be heading to Niigata, Japan to present our project. The students will be presenting at the Natural Disasters Youth Summit to approximately 300 people from a variety of different countries, over 6 days. We wish them good luck and safe travels.

**GREAT STORY WRITING IN GRADE PREP AREA**



**Tayah, Judd and Noah**

One day there was a clown on the hill. He ate my cookie in my car and I was grumpy. I drove over her. I was much happier - **Tayah**

One night at school there was a dog. He dug and dug. He found gold. A robber stole the gold but he got the gold back. The end. - **Judd**

One day there was a cow. It lived in a castle. In the castle was a ghost. The ghost kicked the cow. Oh no the cow died. - **Jai**

**'BAKING AND MAKING AT LDS'**



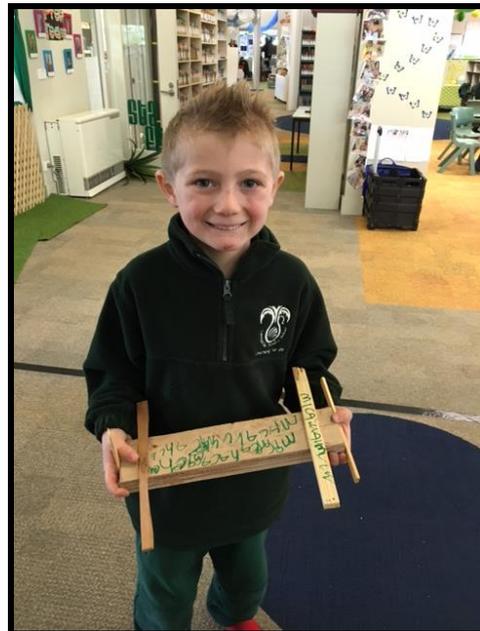
**Mrs Murray's Grade 3 Cooking Class**



**Mr Jim's Prep Boys Group**



**Kobey hammering nails**



**Mitchell made a plane with Mr Jim**

### CANTEEN DUTY

#### JULY

29<sup>th</sup> Robyn Colwill, Sharon Fisher

#### AUGUST

5<sup>th</sup> Danielle Elkin, Kate Dean

12<sup>th</sup> Sarah Norton, Viv Scott

19<sup>th</sup> Phil Munro, Carmen Olm

26<sup>th</sup> Leonie Dean, Janine Lowe

#### SEPTEMBER

2<sup>ND</sup> Fabio Dal Pozzo, Tina Allen

9<sup>th</sup> Carmen Olm, Danielle Elkin

16<sup>th</sup> Gaynor Greenaway, Janine Lowe

We still need volunteers for Canteen Duty, hours are 11:00am till 1:00pm, please call the school if you are available to help.

### COMING EVENTS - 2016

#### AUGUST

Monday 1<sup>st</sup> -9<sup>th</sup> Grade 6 NYDS Japan Trip  
Sunday 7<sup>th</sup> -13<sup>th</sup> Chinese Sister School visit from Changshu

Thursday 11<sup>th</sup> Chinese Cultural Day

Friday 12<sup>th</sup> Step into Prep –  
2<sup>nd</sup> Session 2:00-3:00pm

Wednesday 24<sup>th</sup> Father's Day Stall

Thursday 25<sup>th</sup> Father's Day Stall

### SUSHI FOR LUNCH ON THURSDAY

Youki's Sushi Shop – Leongatha is supplying LPS students via our school canteen, a choice of 7 different sushi rolls each Thursday only.

Salmon California  
Teriyaki Chicken  
Chicken Schnitzel  
Tuna, Mayo & Corn  
Crab Stick California  
Vegetarian Salad  
Avocado

Each roll will cost \$2.90

Sushi orders must be placed in the canteen basket each **WEDNESDAY** for Thursday's lunch.

### UNIFORM

The uniform is now available to purchase online from

Buxwear

Here is the link to their website

<http://shop.buxwear.com.au>

NEW SCHOOL UNIFORM ITEMS AVAILABLE  
Check out the Buxwear site for further details.  
Girls Pinafore and Rugby Top



### GUITAR LESSONS

**Guitar lessons** with Maria Tehan have commenced at the school on Fridays in Term 3. For bookings or any other information, contact Maria directly - email: [mariatehan14@gmail.com](mailto:mariatehan14@gmail.com) or by phone: 56552886.

### VACANCIES FOR UNITING CARE

**AFTER SCHOOL CARE –**

**Held in the LPS Gym**

**Wednesday -2**

**Thursday -1**

**Friday – 1**

**Phone Uniting Care 5662 5150**

### CURRICULUM DAYS 2016

**Monday 31<sup>st</sup> October**



### Movie Fundraiser BAD MOMS

When: Friday 19th August

Time: 7.30pm (To Be Confirmed)

Where: Stadium 4 Cinema, Leongatha

Price: \$20 each

Contact: Sarah Norman 0400 071 874

*Tickets to be paid for and collected by Wednesday 17th of August.  
Price includes refreshments after the movie finishes.*

Hosted by Team Turtle, South Gippsland Relay For Life.

All funds raised contribute to our fundraising total for the 2017 Relay For Life event.

All money goes directly to the Cancer Council.



# ***Volunteers Needed at Leongatha Primary School***



Leongatha Primary School has been running a very successful LAP program (Learning Assistance Program) for a number of years which many children have benefited from.

If you love working with children, seeing them progress with their learning then this volunteer role might be for you.

Leongatha Primary staff are seeking volunteers to help do some one-on-one or small group learning with students who need that extra bit of assistance with their Literacy skills. Our LAP program needs you.

You will be asked to work with a student on basic English skills, like learning and revising sight words and reading. All instruction, games and resources will be provided by the teacher of the student - no preparation work is required. You do not need any specific training in these areas, but just need to be a willing volunteer who is eager to work with students and learn how to assist them with their learning. You will be working with a student from either Prep - Grade 6.

The volunteer can be a parent, grandparent or family friend. The only requirement is that you have a Working with Children Check. If you would like to know more about the LAP Program, please contact Dot Coghlan or Maisie Horvath at Leongatha Primary School on 56674600. It only takes 30 minutes once a week, we'd love to see you at our school.